Cookies Policy

1. **Introduction**

   We use cookies to personalize content and ads, provide social media features, and analyse our traffic. We also share information about your use of our site with our social media, advertising, and analytics partners, who may combine it with other information you've provided to them or that they've collected from your use of their services.

2. **What Are Cookies?**
   Cookies are small text files that can be used by websites to make a user's experience more efficient. The law states that we can store cookies on your device if they are strictly necessary for the operation of this site. For all other types of cookies, we need your permission.

3. **Types of Cookies We Use**

   We use different types of cookies:

   - **Necessary Cookies**: Enable basic functions like page navigation and access to secure areas. The website cannot function properly without these cookies.
   - **Preference Cookies**: Remember information that changes how the website behaves or looks, such as your preferred language or region.
   - **Statistic Cookies**: Help us understand how visitors interact with the website by collecting and reporting information anonymously.
   - **Marketing Cookies**: Track visitors across websites to display relevant and engaging ads.
   - **Unclassified Cookies**: Cookies we are in the process of classifying with their providers.

4. **Managing Cookies**
   You can change or withdraw your consent at any time through the Cookie Declaration on our website. Disabling certain cookies may affect website functionality.

5. **More Information**

For more information or questions, contact us on services@clariscoaching.com

6. **Changes to This Policy**
   We may update this policy from time to time. Please check this page for any changes.